

Title: Nutrition Education and Promotion

The District shall provide nutrition education and engage in nutrition promotion that:

- is offered at each elementary grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health;
- is offered in secondary grade levels in some elective courses;
- is part of health education classes, as well as classroom instruction in related subjects such as math, science, language arts, social sciences and elective subjects when possible;
- links with community food stamp program and local homeless shelters to provide and share resource programs;
- allows participation in grant opportunities to promote healthy food choices, and
- encourages teachers and staff to utilize registered dietitian in Nutrition Services to review nutrition education information.
- provides healthy food alternatives or other activities as classroom incentives.
- provides all staff persons and parent leaders responsible for selling or providing food in school access to information to be in compliance with the Healthy Hunger-Free Kids Act and Smart Snacks, both USDA regulations.

Approved: July 25, 2006

Reviewed: _____

Revised: July 26, 2011

May 23, 2017